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*Preliminary*

# INFORMATIONAL PACKET FOR THE 2025 PSDP PEER CONVENTION

The annual Psychiatric Service Dog Partners Peer Convention is an event where people with mental health disabilities can learn more about working with their service dogs, have public access training and testing, and celebrate the freedom of going out and having fun with other service dog teams.

For sponsorship opportunities, see <https://www.psychdogpartners.org/sponsorship>. Scholarships may be available; see <https://www.psychdogpartners.org/scholarship>.

## Location & date

Good times and good friends await you in **Long Beach, California!** Our main convention activities will take place in the 1440-square-foot Hanger/Jet room of the *Courtyard by Marriott (Long Beach Airport)* at 3841 N. Lakewood Boulevard in Long Beach (not the *Long Beach Downtown* location).

Activities are planned starting on Saturday morning, **May 3<sup>rd</sup>**, through Monday, **May 5<sup>th</sup>**. Arrival day is May 2<sup>nd</sup>—or even earlier for many people—so there is extra social time and you don't miss the mandatory safety rules at the 10 a.m. Saturday welcome meeting. Monday this year will be an open-ended excursion to the City of Seal Beach, so we have more of the much-desired time to socialize out in the world.

The hotel is within a very close walking distance of a variety of eateries and a shopping center called the Long Beach Exchange. The Long Beach Exchange has many more tantalizing restaurants and practical delights, including PetSmart and Whole Foods. Some meals will be catered, but you are responsible for the rest of your own food. Many choose to go in groups to restaurants for non-catered meals.

## Travel & lodging

Our convention location—Courtyard by Marriott (Long Beach Airport)—is a 5-minute drive from the Long Beach Airport (LGB); the hotel offers a shuttle to/from LGB. Public transit is an option, depending on the time of day. The Los Angeles International Airport (LAX) is also an option for more direct-flight options and the John Wayne Airport (JWA) is close as well. These two airports are 30–45-minute drives away, depending on traffic.

In November of 2024, the cost of a rideshare ride (like Uber or Lyft) from LGB to the hotel is around \$14 (no tips in our numbers). From LAX to the hotel is \$43. Taxis from LGB to the hotel are about \$14 and from LAX to the hotel about \$76. Download a rideshare service's app and sign up if you want to use it.

Many restaurants, a Petsmart, and a Whole Foods are walkable from the hotel for most folks. Convention-goers staying on site usually don't find it necessary to have a car during the convention. However, you will need to transport yourself to the City of Seal

Beach on Monday. A taxi from the hotel to Seal Beach is about \$29, Uber is \$24, and public transit is available (but it may take over an hour).

Our group rate at the hotel is \$199/night (excluding taxes), which does NOT include breakfast. More information is available on the registration page:

<https://www.psychdogpartners.org/resources/convention/2025-peer-convention/2025-registration>

### **Upon arrival**

It's not just you who feels the stress of travel, but your dog does, too. We highly recommend that when you arrive, before joining in with whatever the group is doing, you take a minute and relax with your dog. You have no obligation to check in with any social groups you may see on your way in, and everyone understands if you don't. Water yourself and your dog, maybe take a quiet walk together, or enjoy a power nap. Make sure that you and your dog are relaxed. This will help you and your dog have a better time, and will make it easier for your dog to focus on you instead of on the many other service dog teams there!

On Friday and throughout the convention, take advantage of the unique opportunities available. You'll be surrounded by friendly and experienced people who also want a great convention experience. Make friends and get contact info to continue to benefit from your shared adventures! Sometimes training takes two people; you might work together on training during convention downtime. Consider training such things as alerting to the presence/approach of others, responding to being "down and out", etc.

### **Schedule**

*Please note that the schedule and activities are subject to change without notice.*

The default location for activities on this schedule is the Hanger/Jet room of the Courtyard by Marriott (Long Beach Airport) in Long Beach, CA, on the morning of May 3<sup>rd</sup> to the evening of May 4<sup>th</sup>. Monday's (May 5<sup>th</sup>) excursion will be in the City of Seal Beach.

Convention-goers must sign in at the convention meeting room—at the latest, just before the mandatory welcome meeting. In case you want to print just the schedule (rather than have it on your mobile device), it is on the next full page so you do not have to print the entire info packet.

## 2025 Schedule

### Friday, May 2<sup>nd</sup>

Friday afternoon: soft start, teams hang out in/around lobby & informally go to dinner

### Saturday, May 3<sup>rd</sup>

8:00–10:00 Catered social breakfast (sign-in first) & room setup; sign-in, goodie bags, meet & greet (optional, except for sign-in)

10:00–10:45 Welcome meeting (mandatory)

11:00–12:30 Mitigating your disability: how does your dog help you?

12:30–2:00 Lunch (likely catered; see info packet “Activities”)

1:50 *Committee meeting (closed meeting)*

2:00–3:00 Handling self-doubt & other challenges of being a service dog user

3:00–3:45 Break

3:45–5:00 What does the public owe us? What do we owe the public?

5:00–7:00 Dinner on your own

7:00–8:00 Social hour (informal, possibly with ice cream; see “Activities”)

### Sunday, May 4<sup>th</sup>

8:30–10:30 Catered social breakfast

8:30–10:30 SDIT Manners Evaluation & Public Access Test (mandatory PAT breakfast at the beginning, breakfast cost included in registration fee)

10:30–noon Clean paw and nose print art with Deanna

Noon–1:30 Lunch (probably not catered; see “Activities”)

1:30–3:00 Handling interactions with the public/gatekeepers (with practice)

3:00–3:45 Break

3:45–5:00 Your best service dog tails

5:00–7:00 Dinner on your own (likely catered; see “Activities”)

7:00–8:00 Decompression and closing thoughts, room cleanup

### Monday, May 5<sup>th</sup>

10:30–on Community outing day: City of Seal Beach (meet at base of pier)

## Activities

### **Soft start**

You can socialize in/around the hotel as you're comfortable during our soft start, signing in early with Veronica to save time Saturday. Attendees informally go out to dine nearby. Friday is all about settling in, saying hi to old friends, meeting new ones, and sharing in the excitement of the convention!

### **Sign-in, social breakfast & room setup, goodie bags, meet & greet; welcome**

Sign in, enjoy our catered breakfast, and help with the room set up if you'd like. Once the room is set up and you're signed in, you can put together your goodie bag! Get to know your peers before the mandatory 10:00 session. This meeting includes a welcome by Dr. Veronica Morris, policies with the planning committee, and introductions.

### **Meals, catering**

Things are a little different this year with our meals—we're saving your costs as we can! The hotel will cater some meals up to the amount of the (fixed) meeting room cost. The number of meals we can cater will depend on the number of registrants; decided 4/3/25. So while we know we will have catered breakfasts, we probably won't know until registration closes whether we'll have any catered lunches, dinner, or ice cream at the social hour. Catered food can be eaten in the hotel restaurant or on the patio.

### **Mitigating your disability: how does your dog help you?**

The task at hand (paw?) for this first discussion circle is...work and tasks! Talking with others about what your dog does to help you and how you trained it yields unexpected understanding. Bring your questions and share your tips. We all benefit from developing our group wisdom!

### **Handling self-doubt and other challenges of being a service dog user**

From "imposter syndrome" to unexpected training hurdles, Veronica will facilitate an exploration of our unique challenges and how to deal with them. Bring your questions and share your tips. We all benefit from developing our group wisdom!

### **What does the public owe us? What do we owe the public?**

What should we expect from the public? What can we *reasonably*, actually expect from them? How do we deal with the difference? And how does all of this intersect with the responsibilities we have toward the public? Bring your real-world cases or heady theories to this chat facilitated by Veronica and Allison.

### **Social hour**

Saturday night is a time to relax and have fun with other PSDP convention-goers. Arguably the best kind of activity at the convention, there will be ample opportunities to have nice chats with your peers.

### **Videos and pictures for the PSDP community (throughout)**

Throughout the convention, PSDP volunteers will take pictures and occasionally record

video to help the cause. (Let us know clearly if you'd prefer we don't identify you by name.) Wear PSDP green if you have it!

### **SDIT Manners Evaluation & Public Access Test (PAT)**

On Sunday morning, Veronica facilitates PSDP's Service Dog in Training (SDIT) Manners Evaluation and Public Access Test (PAT). The fees are \$40 for the Manners Evaluation and \$50 for the PAT. For each test, there is a maximum of four teams, where a team is one dog and one person. Register for testing before the convention through the registration page.

### **Clean paw and nose print art with Deanna**

Take it easy with a relaxing art project to take home, courtesy of Deanna. We'll have clean paw and nose print fun, with markers to decorate around our loved ones' impressions. This will likely be on the hotel patio.

### **Handling interactions with the public/gatekeepers (with practice)**

How do you handle that rude shopper or that "No dogs!"-insistent employee? What about the well-meaning person who knows "I shouldn't pet your dog, but..."? This session mixes theory and skill development. Share not only tips, but if you want to, get in the practice with routines that achieve your own goals, once you identify them. It's so gratifying and helpful to prepare in a low-stakes environment!

### **Your best service dog tails**

This lighthearted session is for sharing/listening to our most interesting and entertaining service dog experiences. Enjoy this eyebrow-raising—and sometimes cringe-worthy!—peek into our own frivolity and lessons we sometimes learn the hard way.

### **Decompression and closing thoughts**

Share what this convention has meant to you, what you've learned, and what you'd like to see next time. You'll also hear what to expect afterward. Many attendees find this session essential prep for re-entry outside of our community cushion of understanding.

### **Community outing day: City of Seal Beach**

At 10:30 Monday morning, we'll leave the hotel (via your own transportation) and head to the City of Seal Beach—beginning our outing as tourists for the day! There's an ocean beach with wheelchair mats and beach wheelchairs, pier, green strand/walkway, old cable car, ice cream place, and tourist shops. Perfect for a relaxed hangout!

### **Policies & procedures**

Bring your least-scented products to this low-fragrance event; some are allergic.

This is a completely nut-free event in indoor PSDP spaces. Do not bring any human or dog products containing nuts (including coconuts).

No weapons or illegal drugs will be permitted at this event (pocket knives are OK, as are any medications for which you have a prescription).

The consumption of alcohol or illegal substances is prohibited in PSDP spaces.

Convention-goers are welcome to do as they want outside of our convention activities.

Disruptive/inappropriate behavior may result in being required to leave PSDP spaces for a length of time proportional to the situation, at PSDP representatives' sole discretion.

## **Food**

We'll have optional times to gather and eat meals together, but you must provide/buy your own food when not catered. You can bring food from home if you prefer.\*

There are many restaurants and a grocery store within walking distance. We suggest you use Google Maps to explore these options. On regular overhead view (non-satellite), zoom in close enough and the names of the restaurants appear on the map.

\*As a reminder, this is a nut-free event. Do not bring any human or dog products containing nuts. Also, alcohol consumption is prohibited in PSDP spaces.

## **Team behavior policy**

### *Expected level of behavior/training*

This is a convention for handlers with service dogs and service dogs in training. As such, we expect that all attending dogs will be friendly with other dogs and people. Teams displaying aggressive behavior will be asked to leave. If you prefer your dog be given extra space, we encourage you to signal this to others by tying yellow ribbon (available at the convention) to your dog's leash or collar.

When deciding whether this convention is appropriate for you and your dog to attend, look over the minimum requirements of PSDP's Service Dog in Training (SDIT) Manners Evaluation (<https://www.psychdogpartners.org/resources/public-access/manners-evaluation>). Teams should have a reasonable expectation, based on previous training, of being able to pass the SDIT Manners Evaluation. If you do not reasonably expect to be able to pass the SDIT Manners Evaluation with your dog at the time of the convention, or your dog has been known to be uncomfortable around other dogs or people, this convention may not be appropriate for your dog.

Before embarking on this trip, it's wise to ensure you and your dog are comfortable in the following situations: traveling on public transit, walking in a mall or crowded store, visiting restaurants, being in close quarters with other dogs and people, etc.

### *Team behavior requirements at convention*

When you are around other service dogs, keep your dog within 2 feet of you, and keep at least 3 feet between dogs at all times unless people say it is OK. Be sure to get permission first before your dog or you greet another team. It's the handler's job to ensure their dog is not invading another team's space. This is an on-leash convention, and dogs should never be left unattended at the activities.

All dogs must be kept leashed to a collar, vest, or harness at all times, and the leash must always be held by a person. There are no exceptions, apart from disability-required situations that are approved in writing by Veronica Morris before registration. This includes when your dog is relieving itself, unless in a gated/fenced area designed

for this purpose (and then only if others present explicitly agree). This rule includes \*all\* PSDP activities. If you use a shoulder leash and it isn't long enough for your dog to lie on the floor next to you while it's on your shoulder, please remove the leash from your shoulder and maintain a secure hold on it so your dog is never untethered from you.

Please be prepared to clean up after your dog. Bring appropriate bags and products to ensure that we leave the facility in the same condition that we found it or better. We are representing PSDP and all other teams by our behavior in public at this event, so it's important we all obey these behavior standards.

If you have two service dogs, or one SD and an SDIT, know that you will not be allowed to leave any dog unattended, even in your room. You must be able to handle both dogs safely yourself, or bring a human helper to handle one of the dogs for you at the event.

### *Disruptions*

The convention involves unusual situations and can be unexpectedly stressful for teams, so you and your dog might not behave as you're used to. If for any reason your dog is disruptive or destructive, we expect you to remove your dog from the situation and train/calm them before returning. If you witness a team grossly misbehaving (e.g. biting or fighting with another dog, repeatedly eliminating inappropriately, etc.), please report it to at least one of the people in charge as soon as possible.

Letting out one nonaggressive woof doesn't always require you to remove your dog. If your dog's behavior goes beyond this (making noises at other dogs, sustained barking/growling, sustained tense body language, etc.), we expect you to be on the safe/non-disruptive side and remove your dog to train/calm before re-engaging. If this happens more than once, be attentive to whether this event is in the best interest of your dog.

Convention attendance depends on following the instructions of convention leadership.

### **Elimination policy**

For sanitation reasons, we ask you to prevent your dog from eliminating on any building, vehicle, or structure. All solid waste must be picked up immediately. If a dog has elimination problems in indoor spaces, it will be asked to leave.

In addition, we ask participants to be conscientious in adhering to our P.U.P. policy—"Pick Up Poop". If you see any dog waste in addition to your own dog's and you are able to pick it up, please do so! Our efforts to leave the area better than we found it are a great way to spread good will around our convention and toward our community.

### **Extra assistance recommendation**

Some people need extra assistance from a person, beyond what our participant-volunteers can provide. If this might apply to you, we strongly recommend you bring/register a friend or family member who can help take care of your needs. Our participant-volunteers are not there as trained professionals, therapists, or veterinarians/behaviorists, but as fellow peers who just want everyone to have a good experience.

### **Minor policy**

This is not a family vacation type of event. The convention is for handlers of psychiatric service dogs (PSDs) and psychiatric service dogs in training (PSDITs), and the activities

will be geared towards these individuals. Children with PSDs or PSDITs are welcome to attend with a guardian, but please keep in mind the convention is a chance for people to speak freely about their mental illnesses and this may include discussions of self-injury, abuse, nightmares, and flashbacks. It is up to each guardian to ensure their child is either OK with these discussions, or to remove the child from these discussions. If you have any questions, please email us at psdpinfo@gmail.com.

## **Sales policy**

PSDP may authorize products/services to be offered, such as team testing.

People sometimes bring gear to swap or sell on their own at the convention. Any offers by convention-goers of products or services for sale cannot be conducted in PSDP spaces during organized activities. Consistent with [List Rules 8 & 9](#), personal requests on the listserv for information to facilitate sales are prohibited.

Anyone selling items is personally responsible for security, financial transactions, and customer satisfaction. PSDP is not responsible for anything involving sales to which PSDP is not directly a party.

## **Public health measures**

We're serious about protecting/respecting each others' health. Masks are encouraged indoors and KN95s will be available. We continually ventilate the meeting room. Anyone who is feeling unwell should expect to isolate/visit urgent care. The same goes for your dog. To avoid spreading canine sickness, for at least five days prior to the convention please avoid boarding places, dog parks, or non-emergency vet visits with your dog. If this will be a problem, please contact Veronica at veronica.m.psdp@gmail.com.

## **Emergencies**

Service dog medical—(1) 9 a.m.–9 p.m.: LBC Vets at 1752 Clark Ave in Long Beach, CA, (562) 579-4485; walk-ins and urgent care/daytime emergencies. (2) Overnight: VCA Lakewood Animal Hospital at 10701 South St. in Cerritos, CA, (562) 926-3600.

Human medical—(1) Emergency: MemorialCare Medical Center at 2801 Atlantic Ave in Long Beach, CA, (562) 933-2000 or 911. (2) Mental health crisis: Crisis Text Line, text 741741; National Suicide Prevention Lifeline, call 988. (3) Urgent care: MemorialCare Medical Group at 2110 N Bellflower Blvd in Long Beach, CA, (877) 696-3622.

## **Weather**

History-based predictions for Long Beach put the temperature range at 55°–73° F. The chance of precipitation each day is around 4%. Check the forecast and bring layers.

## **Packing list**

This list is only a suggestion of items you may want to bring. Wear clothes suitable for outings. The packing list is on a single page in case you want to print it without printing the whole info packet (and you don't just want it on your mobile device).



## Packing list

- Clothing, including layers, long pants, shorts, t-shirts, and long-sleeved shirts (PSDP green/logowear is encouraged!)
- Extra underwear and socks
- Pajamas
- Sweatshirt or jacket
- Hat for warmth
- Sunglasses/hat/ballcap to protect from sun
- Comfortable shoes to walk or hike in
- Soap and shampoo (unscented, please!)
- Deodorant—unscented
- Sunscreen—unscented
- Toothbrush and toothpaste (human & dog!)
- Brush or comb (human & dog)
- Airline SD paperwork
- Vaccination records
- Masks
- Medications, including prescriptions, over-the-counter pain meds, and motion-sickness meds
- Games/cards
- Water bottle
- Emergency contact & medical info for you and your dog
- Dog dishes
- Dog food
- Dog medication
- Towel for your dog
- Poop bags
- Service vest if you use one
- Collar/harness and leash
- Dog treats (nut-free)
- Charging adapters & cords: phone, camera, etc.
- Dog toys
- Portable dog watering bowl
- Bag for dirty items
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## ACCIDENT WAIVER AND RELEASE OF LIABILITY FORM

I HEREBY ASSUME ALL OF THE RISKS OF PARTICIPATING IN ANY/ALL ACTIVITIES ASSOCIATED WITH THIS EVENT, including by way of example and not limitation, any risks that may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained, or controlled by them, or because of their possible liability without fault.

I certify that I am sufficiently fit, have sufficiently prepared or trained for participation in this activity if appropriate, and have not been advised to not participate by a qualified medical professional. I certify that there are no health-related reasons or problems which preclude my participation in this activity.

I acknowledge that this Accident Waiver and Release of Liability Form will be used by the event holders, sponsors, and organizers of the activity in which I may participate, and that it will govern my actions and responsibilities at said activity. In consideration of my application and permitting me to participate in this activity, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows:

(A) I WAIVE, RELEASE, AND DISCHARGE from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to me including my traveling to and from this activity, THE FOLLOWING ENTITIES OR PERSONS: Psychiatric Service Dog Partners (PSDP) and/or their directors, officers, employees, volunteers, representatives, and agents, and the activity holders, sponsors, and volunteers;

(B) INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this activity, whether caused by the negligence of release or otherwise.

I acknowledge that PSDP and their directors, officers, volunteers, representatives, and agents are NOT responsible for the errors, omissions, acts, or failures to act of any party or entity conducting a specific activity on their behalf.

I acknowledge that this activity may involve a test of a person's physical or mental limits and carries with it the potential for death, serious injury, and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of participants, equipment, vehicular traffic, lack of hydration, and actions of other people including, but not limited to, participants, volunteers, monitors, and/or producers of the activity. These risks are not only inherent to participants, but are also present for volunteers.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this activity, in cases where I am unable to give/deny consent at the time.

I understand while participating in this activity, I may be photographed. Unless I make it clear otherwise to anyone engaged in the recording of my likeness, I agree to allow my photo, video, or film likeness to be used for any legitimate purpose by the activity holders, producers, sponsors, organizers, and assigns.

The Accident Waiver and Release of Liability Form shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I CERTIFY THAT I HAVE READ THIS DOCUMENT AND I FULLY UNDERSTAND ITS CONTENT.

I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL.

\_\_\_\_\_  
Participant's Signature                      Date                      Participant's Name                      Age  
(Please print legibly.)

\_\_\_\_\_  
Parent/Guardian Signature                      Date  
(If under 18 years old, Parent or Guardian must also sign.)